

## Before Surgery Instructions GENERAL / IV ANESTHESIA Patients

- 1. Do not eat or drink anything, <u>not even water</u>, after midnight the night before coming to the office. <u>Failure</u> to follow this instruction may <u>be life threatening!</u>
- 2. Do not wear tight clothing on the day of appointment. **Wear a short-sleeved shirt**.
- 3. Use restroom 30 minutes before appointment time.
- 4. Do not ignore a head or a chest cold when oral surgery is to be performed. Call immediately if any symptoms are present; a change of appointment may be necessary.
- 5. <u>Be sure that a responsible person accompanies you on the day of the appointment. It will be necessary for this person to remain at the office during surgery and to drive you home.</u> <u>Someone must stay with you all day after your surgery. Do not drive your car for 24 hours after surgery</u>.
- 6. Do not wear fingernail polish or acrylic fingernails.
- 7. Do not wear contact lenses.
- 8. The use of electronic devices for recording purposes is not permitted. This includes: cameras, tape recorders, cell phones, iPods/iPads, laptop computers or any electronic device with photo, video or audio recording.
- 9. Cell phone use is not permitted in the clinical areas.

## **ATTENTION:**

This surgery appointment time has been reserved for you. Please give us 24 hours' notice if you cannot keep your appointment.

All minors under age 18 in IA / age 19 in NE must be accompanied by a parent or guardian.